

Worksheet 15: Racism Exercise

Group Names: _____

Directions: Read each of the given scenarios and place the number of the scenario under the column of the level of racism the group thinks it is and explain why. Make sure you use the definitions to help you decide.

Institutionalized Racism: defined as the structures, policies, practices, and normal behaviors that result from people having different levels of access to the goods, services and opportunities of society	Personally-Mediated Racism: defined as treating people differently based on assumptions about them; having a prejudice and treating people differently because of your prejudice	Internalized Racism: defined as acceptance of the negative messages about your own abilities and self-worth because of the group you belong to

Source: Jones, Camara P. "Confronting Institutionalized Racism." *Phylon*, 2002, 7-22.

Note: Definitions modified for grade levels 6-12.